



EVERYONE HAS A RESPONSIBILITY TO ENSURE THAT A RETURN TO ALL NETBALL ACTIVITY IS ACHIEVED SAFELY AND IN ACCORDANCE WITH PREVAILING HEALTH ORDERS.

IMPORTANT – NO PERSON SHOULD ATTEND ANY NETBALL ACTIVITY IF: YOU ARE FEELING UNWELL OR HAVE ANY FLU-LIKE SYMPTOMS, HAVE BEEN IN CONTACT WITH A CONFIRMED OR SUSPECTED CASE OF COVID-19 WITHIN 14 DAYS PRIOR TO ANY NETBALL ACTIVITY, SUFFERING FROM ANY SUDDEN LOSS OF SMELL OR TASTE OR AT HIGH RISK (INCL. THE ELDERLY AND THOSE WITH PRE-EXISTING MEDIAL CONDITIONS). **A PARTICIPANT THAT PRESENTS AT TRAINING WITH OR DEVELOPS ANY OF THE ABOVE SYMPTOMS MUST NOT PARTICIPATE IN TRAINING/NETBALL ACTIVITY.**

CCSNC EQUIPMENT & HYGIENE GUIDELINES

KIT BAGS
<input type="checkbox"/> Hand sanitiser
<input type="checkbox"/> Alcohol wipes/spray
<input type="checkbox"/> Gloves for attending injuries, providing protection from blood and sweat
<input type="checkbox"/> Laminated copies of Netball NSW, Netball Australia and Club COVIDSafe protocols
<input type="checkbox"/> Training Roll
<input type="checkbox"/> First Aid kit
<input type="checkbox"/> Balls
<input type="checkbox"/> Bibs (not to be used until notified by the Club)

All Equipment used is to be wiped down after any training session and game. No sharing of pens or clip boards, each individual must bring their own to games and training sessions.

PERSONAL KIT BAGS – should include the following items
<input type="checkbox"/> Hand sanitiser
<input type="checkbox"/> Drink bottle (clearly labelled)
<input type="checkbox"/> Own snacks eg fruit on match day
<input type="checkbox"/> Tissues
<input type="checkbox"/> Personal rubbish bag
<input type="checkbox"/> Towel
<input type="checkbox"/> Lip balm
<input type="checkbox"/> Sunscreen
<input type="checkbox"/> Nail clippers
<input type="checkbox"/> Asthma medication
<input type="checkbox"/> Whistle for umpiring

All bags and personal items must be kept in their own space and not piled together with other team members belongings. No sharing of any personal items.

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PERSONAL HYGIENE GUIDELINES
<input type="checkbox"/> Players, officials, volunteers, and/or their parents/carers should carry hand sanitiser on their person to enable good personal hygiene.
<input type="checkbox"/> If using tissues, place them directly in the bins provided.
<input type="checkbox"/> Minimise the use of public toilets, however if necessary, ensure hands are washed thoroughly.
<input type="checkbox"/> Each player is to provide their own drink bottle that is clearly labelled and is only used by that individual. NO sharing of drink bottles.
<input type="checkbox"/> No sharing of positional bibs or patches in Stage 1
<input type="checkbox"/> Washing your hands frequently with soap and water, before and after eating, and after going to the toilet.
<input type="checkbox"/> Uniform to be washed after match in warm water and detergent.
<input type="checkbox"/> Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze
<input type="checkbox"/> Wash hands with soap and water often.
<input type="checkbox"/> Do not touch your eyes, nose, or mouth if your hands are not clean.
<input type="checkbox"/> No spitting at any time.
<input type="checkbox"/> Wipe down all your equipment with appropriate anti-bacterial/disinfectant wipes or soap, particularly those frequently touched.
<input type="checkbox"/> Practice social distancing. If someone comes and stands next to you, move away to ensure that you implement social distancing requirements.
<input type="checkbox"/> Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze.
<input type="checkbox"/> Wash hands with soap and water often.
<input type="checkbox"/> Do not touch your eyes, nose, or mouth if your hands are not clean.