



EVERYONE HAS A RESPONSIBILITY TO ENSURE THAT A RETURN TO ALL NETBALL ACTIVITY IS ACHIEVED SAFELY AND IN ACCORDANCE WITH PREVAILING HEALTH ORDERS.

IMPORTANT – NO PERSON SHOULD ATTEND ANY NETBALL ACTIVITY IF

- **THEY ARE: FEELING UNWELL OR HAVE ANY FLU-LIKE SYMPTOMS,**
- **HAVE BEEN IN CONTACT WITH A CONFIRMED OR SUSPECTED CASE OF COVID-19 WITHIN 14 DAYS PRIOR TO ANY NETBALL ACTIVITY,**
- **SUFFERING FROM ANY SUDDEN LOSS OF SMELL OR TASTE OR THOSE AT HIGH RISK (INCL. THE ELDERLY AND THOSE WITH PRE-EXISTING MEDIAL CONDITIONS).**

A PARTICIPANT THAT PRESENTS AT TRAINING WITH OR DEVELOPS ANY OF THE ABOVE SYMPTOMS MUST NOT PARTICIPATE IN TRAINING/NETBALL ACTIVITY.

RETURN TO TRAINING CHECKLIST – STAGE B, LEVEL 1

CCSNC GUIDELINES TO BE IMPLEMENTED FOR TRAINING	✓
MAXIMUM 10 PARTICIPANTS for per training group inclusive of team officials. 10 participants per court.	
ARRIVAL - Players to arrive no more than 10 minutes prior to training commencing, and if arriving by car, remain in the car until training is due to commence.	
SOCIAL DISTANCING – to be implemented while training, maintain 1.5m apart.	
NO CONTACT OR PERSON TO PERSON drills/skills – for example no practice games, close defending.	
USE OF EQUIPMENT - Some sharing of equipment permitted such as balls, training cones. ALL equipment must be sanitised prior and post training session.	
SANITISER to be available to training participants.	
NO SHARING PERSONAL ITEMS - drink bottles, snacks, clothing etc	
ESSENTIAL PEOPLE ONLY to attend training sessions.	
NO SPECTATORS – parents cannot congregate around or in the vicinity of the court area. Please direct them to wait in vehicles.	
NO SHARING TRAINING GEAR - whistles, positional patches or bibs, pens, clipboards etc	
MINIMISE USE OF PUBLIC TOILETS – if used, ensure hand washing/sanitiser protocols are followed prior to returning to the training session.	
ARRIVAL/DEPARTURE - Players are to enter and leave the training area in a coordinated manner, minimise contact with others and not gather in large groups. “Get in, train and get out”.	
PERSONAL BELONGINGS – should be kept separate and not piled together with other team member belongings.	
REGULAR BREAKS – should be provided to enable use of hand sanitiser and for participants to hydrate.	
NO SOCIALISING - No pre or post training socialising or group meals, ensure minimal social contact and group gathering.	
PLAYERS to come dressed “ready to train”.	
DO NOT USE CHANGE ROOMS OR PUBLIC BUBBLERS/WATER FOUNTAINS	